

Day of Reflection: Facets of Grief



These two Days of Reflection are designed for those dealing with grief. The first lays a foundation for the other, addressing different types of loss and patterns in grieving. The second focuses on the specific loss of a spouse or partner.

Each session includes time for prayer, input from faith and psychological perspectives, quiet reflection time and sharing with other participants.

You are asked to register for each afternoon separately.



Group Leader

Sr. Linda Sevcik, SM, Manresa's Executive Director, is a licensed clinical professional counselor. Her ministerial experience includes teaching, counseling and spiritual direction. She has facilitated numerous grief support groups.

Sundays, 2:00-6:00 PM

February 2, 2025

Types of Losses and Patterns in Grieving

manresa-sj.org/020225-dor.grief

March 2, 2025

Grieving the Loss of a Spouse or Partner

manresa-sj.org/030225-dor.grief

Fee: \$35 per session, due at registration.

Fee is non-refundable, non-transferable.

Register by going to the link listed for the individual session you want to attend or phone 248.644.4933 Ext. 0.