

Day of Reflection: Grief



These four Sunday afternoon reflections focus on various types of losses. They include time for prayer, input from faith and psychological perspectives, quiet reflection time and sharing with other participants.

Each Day of Reflection is independent of the others, although the first lays a foundation for all of them. Please register for each afternoon separately.

Fee: \$50 per session, due at registration.

Fee is non-refundable, non-transferable.

Register by going to the link listed for the session you want to attend or phone 248.644.4933 Ext. 0.



Group Leader

Sr. Linda Sevcik, SM, Manresa's Executive Director, is a licensed clinical professional counselor. Her ministerial experience includes teaching, counseling and spiritual direction. She has facilitated numerous grief support groups.

Sundays, 2:00–7:00 PM
including dinner

Sept. 17, 2023

Types of Losses and Patterns in Grieving
manresa-sj.org/091723-dor-grief

Nov. 12, 2023

Grieving the Loss of a Son or Daughter
manresa-sj.org/111223-dor-grief

Feb. 11, 2024

Grieving the Death of a Spouse or Partner
manresa-sj.org/021124-dor-grief

Apr. 14, 2024

Grieving a Sudden or Violent Death
manresa-sj.org/041424-dor-grief